

[FINAL VERSION]

2020 3RD AFRICAN MARTIAL ARTS WEBINAR

MAIN THEME:

“MARTIAL ARTS FOR AFRICAN YOUTH AND WOMEN”

CONCEPT & INFORMATION NOTE

ONLINE

24 – 25 NOVEMBER 2020

1. Introduction

2020 3rd African Martial Arts Web Seminar (Webinar), which is on the theme: *'Martial Arts for African Youth and Women'*, being organized by the UNESCO International Centre of Martial Arts (ICM) in collaboration with UNESCO Member States in Africa and its National Commissions for UNESCO, is purposed to provide ONLINE meeting platform to dialogue on current problems and challenges of African youth and women faced and confronted, and to raise awareness of positive role of martial arts and its education as well as changing paradigm of martial arts education and its counter-measure in the post COVID-19 era. This two-days un-tact event will discuss various issues of African youth and women through martial arts education in the entire African region.

After a successful hosting of the 1st and 2nd African Regional Martial Arts Congress in Kenya in 2018, and Ghana in 2019, respectively, the consecutive 3rd Congress was to be held in Harare, Zimbabwe this year. However, we, ICM have decided to host our 3rd one through online due to the current state of COVID-19 pandemic which remains uncertain. Therefore, UNESCO ICM is **organizing 2020 3rd African Martial Arts Webinar through the web (Zoom Platform), scheduled to take place on 24th – 25th November 2020.** The Webinar is expected to convene more than **15 related experts from UNESCO Member States in Africa and the field of youth education and women empowerment** aligned with martial arts topics across the African Continent.

2. Background

We all understand that Africa, as a designated UNESCO's global priority agenda, is being integrated into all phases of the rapid development, implementation and evaluation of UNESCO's various programmes. In Africa, rapid urbanization, growing population, youth unemployment, inequality, and social exclusion, new natural resource finds and a changing as well as peacebuilding processes, these all have the potential to place Africa under considerable strain. However, stability and prosperity can start in schools with quality education to teach all African youth.

In relation to this, UNESCO has developed the Operational Strategy 2014-2021 on Youth as a means of mobilizing key stakeholders around common goals. According to the world youth report 2018, there are 1.2 billion young people aged 15 to 24, accounting for 16 per cent of the global population. So, UNESCO encourages youth aimed at empowering young people, especially young girls and women, fostering and supporting their action, promoting partnerships, and ensuring their recognition and visibility with its various networks and partner organizations. Along the same line, we, ICM believe martial arts is an effective educational method to teach youth values and life skills that are needed to build a culture of peace and non-violence.

For targeting its missions and mandates, ICM has been at the forefront of efforts to support women's and girls' rights to participate in our martial arts project (e.g. Martial Arts Open School since 2017 to 2020) to achieve their empowerment and gender equality through martial arts education. We believe gender equality in education is a basic right and a pre-requisite to build inclusive societies to attain the 2030 Sustainable Development Goals (SDGs) agenda, particularly Goal 4 on quality education and Goal 5 on gender equality. This also supports UNESCO's global priorities included in the Medium-Term Strategy 2014-2021 and the Gender Equality Action Plan 2014-2021 as well as UNESCO Strategy for Gender Equality through Education 2019-2025. Especially, a large gender gap exists in access to martial arts, to learning achievement and continuation in martial arts education field in Africa.

We, ICM believe that martial arts education system should be strengthened as it is an effective tool for sustainable development in Africa: Improving equity, quality and relevance of its education. This Webinar will look into Africa, youth, women and martial arts together and discuss current issues that African youth and women have and investigate the role of martial arts and its variety of value embedded in.

3. Schedule

- Date: 24(Tue) to 25(Wed) November 2020
- Venue: Online Web Seminar (Broadcasted in YouTube and Facebook Live)
* [For Korean Participants, filming in International Conference Hall, UNESCO ICM, Chungju-city, Korea](#)
- Time: 16:00 ~ 19:00 pm (3 hours, Local Time in Korea)

Africa Local Time		
Kenya (East)	Zimbabwe (South)	Ghana (West)
10:00 am ~ 13:00 pm (3h)	09:00 am ~ 12:00 pm (3h)	08:00 am ~ 11:00 pm (3h)

- Congress Theme: “**Martial Arts for African Youth and Women**”

2020 3rd African Martial Arts Webinar is divided into four sessions, in which scholars, martial arts practitioners, field experts in Africa and the related UNESCO personnel are invited to present cases and studies on the state of African Youth and Women with martial arts issue.

Date	Topic
Day 1 (11.24)	Session 1 – Current Problems and Challenges that African Youth and Women faced
	Session 2 – The Positive Role of Martial Arts for African Youth and Women
Day 2 (11.25)	Session 3 – Martial Arts Education and Changing Paradigm in Post COVID-19
	Session 4 – Martial Arts as a SDG tool and Future of African Youth and Women

- Language: **English** (Korean - Simultaneous Interpretation)
- Host/Organizer: **UNESCO International Centre of Martial Arts (ICM)**

4. Programme Schedule

Time (KST)	Programme / Topic	Speakers
DAY 1 (24 November 2020)		
16:00 ~ 16:10	Opening	MC: Changhee HAN (Programme Specialist) Opening Remark: Changhyun Park (Secretary General of UNESCO ICM) Congratulatory Video Messages: - Margaret Chirapa (Secretary General of Zimbabwe National Commission for UNESCO) - Ama Serwa Nerquae-teteh (Secretary General of Ghana National Commission for UNESCO)
16:10 ~ 16:30	Keynote Speech: The Retrospect and Prospect of African Regional Martial Arts Congress (2018-2020)	Prof. Geonsoo Han (Keynote Speaker)
16:30 ~ 16:40	Introduction (ICM Video)	Changhee HAN (MC)
Session I: Current Problems and Challenges that African Youth and Women faced Chair/Moderator: Sir Aghan Odero AGAN (Kenya)		
16:40 ~ 17:00	Review of the Martial Arts Issues for Sudanese Women, and Youth	1 st Speaker / Ali Suliman Ali HUSSIEN (Sudan)
17:00 ~ 17:20	Girls' Education, Empowerment and Martial Arts in Africa	2 nd Speaker / Eunha CHANG (Korea)
17:20 ~ 17:40	Current Problems and Challenges of Africa Youth and Women in Ghana	3 rd Speaker / Abena Adasa NKURUMAH (Ghana)
17:40 ~ 18:00	Discussion / Break / Introduction of Session II (Watching ICM's video-Demonstration Team)	
Session II: The Positive Role of Martial Arts for African Youth and Women Chair/Moderator: Prof Geonsoo HAN (Korea)		
18:00 ~ 18:20	The Positive Role of Martial Arts for African Youths and Women (Case of Gambia)	1 st Speaker / Saihou KANUTEH (Gambia)
18:20 ~ 18:40	Martial Arts for our youth (Mauritius Case)	2 nd Speaker / Sohb Anand DREPAUL (Mauritius)
18:40 ~ 19:00	Discussion / Closing of Day 1	

Day 2 (25 November 2020)		
Session III: Martial Arts Education and Changing Paradigm in Post COVID-19		
Chair/Moderator: Mme Thando SIBIYA (South Africa)		
16:00 ~ 16:10	Day 1 Wrap-up / Intro of Session III	Changhee HAN (MC)
16:10 ~ 16:30	Taekkyeon, Martial Arts for Adolescents (Experiences from 2020 4 th Martial Arts Open School in Jeju)	1 st Speaker / Kyujin SHIN (Korea)
16:30 ~ 16:50	Martial Arts Education and Changing Model in post COVID-19	2 nd Speaker / Titus ZVOMUYA (Zimbabwe)
16:50 ~ 17:10	Martial Arts for Youth and Women in times of COVID-19	3 rd Speaker / Caleb ATEMI (Kenya)
17:10 ~ 17:20	Discussion	
17:20 ~ 17:30	Break for watching ICM's videos (2020 4 th Martial Arts Open School) / Intro of Session IV	
Session IV: Martial Arts as an SDG tool and Future of African Youth and Women		
Chair/Moderator: Sir Ghonche MATEREGO (Tanzania)		
17:30 ~ 17:50	Contributing to the SDGs through Martial Arts Education in Africa	1 st Speaker / Cindy Siyeon RIM (Korea)
17:50 ~ 18:10	Martial Arts as an SDG tool and future of African Youth and Women	2 nd Speaker / David TWEBAZE (Uganda)
18:10 ~ 18:30	Martial Arts and future of Africa	3 rd Speaker / Evans Omweri ORURU (Kenya)
18:30 ~ 18:50	Partnership for the goals	4 th Speaker / Michael MUSTAPHA (Sierra Leone)
18:50 ~ 19:00	Discussion / Closing	

5. Objectives

The 3rd African Martial Arts Webinar intends to:

- Create an online platform for in-depth discussions on current and contemporary issues in African youth and women
- Increase understanding of Martial Arts issues in relation to African youth and women and spread true values of martial arts and promote martial arts education in Africa
- Enhance African youth and women to participate in Martial arts education to help achieve UNESCO's agenda and SDGs with the current state of COVID-19 pandemic

6. Expected Outcomes

- Increased understanding of current status of African youth and women and acknowledged its challenges from the school and their life
- Enhanced visibility of the role of martial arts for African youth development and women engagement and necessity of martial arts education in Africa
- Diagnosed the current martial arts activities and discuss a new paradigm of Martial arts education system in Post COVID-19 period in Africa

7. Session Description

2020.11.24 - Day 1 / Session 1 (1h 10m)



2020 3rd African Martial Arts Webinar
Martial Arts for African Youth and Women

SESSION I
24 November 2020

Korea 16:30-17:40 | Eastern Africa 10:30-13:40 | Southern Africa 09:30-12:40 | Western Africa 08:30-11:40

Current Problems and Challenges that African Youth and Women Faced

MODERATOR	SPEAKERS		
 Aghan Odero AGAN KENYA ICM Executive Board Member Arts and Culture Consultant, Zamaleo Arts and Culture Trust	 Ali Suliman Ali HUSSEIN SUDAN CEO 3S Sport Services Secretary General / Sudanese Taekwondo Federation (Former)	 Eunha CHANG KOREA Director Centre for International Development and Cooperation / Korean Women's Development Institute	 Abena Adasa NKRUMAH GHANA Chairman Ashanti / Brong Ahafo Colleges of Education Sports Association

Organizer:  ICM

Sponsors: 

As UNESCO is focusing on the roles of the youth, striving to build peace in the hearts of men and women, UNESCO seeks cooperation from the youths by considering them as partners, and furthermore, as the main agents of action and change. Also, UNESCO focuses on global priorities: Africa and Gender equality and on a number of overarching objectives: 1) attaining quality education for all, 2) mobilizing knowledge and policy for sustainable development, 3) addressing emerging social and ethical challenges, 4) fostering cultural diversity, intercultural dialogue and a culture of peace, 5) building inclusive knowledge societies through information and communication. In Africa, more than 60% of the population is under 25, and empowering people means educating youth, especially girls. Likewise, ICM has been at the forefront of efforts to support youth and women and striving to contribute in youth development and social engagement through the values and philosophies of martial arts.

Main: Current Problems and Challenges of African Youth and Women

- **Youth problems:** Adolescents violence, Internet addiction, domestic violence, academic burnout, drop out of school, and anti-social behaviour and school violence with bullying and youth from refugees, unemployment, depression in youth linked with risk of suicide
- **Women problems:** lack of women's rights, sexual violence in Africa, family violence, lack of gender equality, unfair opportunity, school problem and any discrimination of women in the related field and exclusion of women at school and community
- Absence of physical activity (or physical education like martial arts activities)
- Lack of understanding in different ethnicities, regions and religions as well as cultural diversity
- Persistent biases and barriers exist in the field of martial arts or sports in Africa
- Current problems and barriers that faced African youth and women have had in general
- The recent challenges of youth and women with COVID-19 pandemic in Africa

2020.11.24 - Day 1 / Session 2 (1h 10m)



2020 3rd African Martial Arts Webinar
Martial Arts for African Youth and Women

SESSION II
24 November 2020
Korea 17:50-19:00 | Eastern Africa 11:50-13:00 | Southern Africa 10:50-12:00 | Western Africa 09:50-11:00

The Positive Role of Martial Arts for African Youth and Women

MODERATOR	SPEAKERS		
 Geonsoo HAN KOREA Professor Kangwon National University	 Saihou KANUTEH GAMBIA Regional Coordinator African Traditional Sports and Games Confederation (West Africa)	 Grace CHIRUMANZU ZIMBABWE 2018 Zimbabwe Sportswoman of the year Martial Arts Practitioner	 Sohb Anand DREPAUL MAURITIUS Chairman Triplet Eagle Karate Federation

Organizer:   Sponsors:    

Since wars begin in the minds of men, it is in the minds of men that the defences of peace must be constructed. This is how the UNESCO Constitution Preamble begins. As part of human heritage, martial arts has more value than sports, and it encompasses the traditional cultures and ethnic spirits and mentalities of each country. We believe Martial Arts can be served as a medium of peace that has power to unite the general public beyond geopolitical, linguistic and ideological barriers and Martial Arts are especially effective in spreading essential values for peace and development of human society such as unity, diversity, tolerance and cultural awareness. Also, Martial Arts will help the people of one country better understand those from another. Through this, it will contribute to world peace and

reconciliation. Therefore, ICM shall promote research and knowledge sharing a role of martial arts in the consolidation of a culture of peace and reconciliation and its contribution to the healthy development of young women and men with analysis of the perception, acceptance and health as well as social impacts of martial arts.

Main: The Positive Role of Martial Arts for African Youth and Women

- Educational (Philosophical) value of Martial Arts for African Youth and Women
- Economic (value of Martial Arts for African Youth and Women
- Cultural (Historical) value of Martial Arts for African Youth and Women
- Health and Life value of Martial Arts for African Youth and Women
- Physical and Psychological value of Martial Arts for African Youth and Women (physiological and psychological changes that occur during adolescences)
- Youth and Society Participation through Martial Arts in Africa
- Historical and cultural reconciliation (peace) through Martial Arts in Africa
- Martial Arts for Peace in Africa (youth learn to train their minds and bodies, as well as how to become considerate, understanding and responsible beings who can fight for justice
- Is martial arts helping African youth and women?
- The role of Martial Arts for African Youth and Women and the role of women in martial arts
- Contribution to youth development, leadership, and community engagement with martial arts
- Promotion of culture of peace, and non-violence, global citizenship, appreciation of cultural diversity, and contribution to SDGs

2020.11.25 - Day 2 / Session 3 (1h 10m)

2020 3rd African Martial Arts Webinar
Martial Arts for African Youth and Women








SESSION III
25 November 2020
Korea 16:00-17:20 | Eastern Africa 10:00-11:20 | Southern Africa 09:00-10:20 | Western Africa 08:00-09:20

Martial Arts Education and Changing Paradigm in Post COVID-19

MODERATOR	SPEAKERS		
 Thando SIBIYA SOUTH AFRICA TV Presenter SuperSport International	 Kyuji SHIN KOREA Taekkyeon Master The Korea Taekkyeon Federation (Martial Artist)	 Titus ZVOMUYA ZIMBABWE Director National Sports Academy, Science Education Department of Bindura University	 Caleb ATEMI KENYA CEO, President Talkan Martial Arts Limited Martial Arts Journalist

Organizer:  

Sponsors:  Ministry of Culture, Sports and Tourism
Republic of Korea

  CHUNGCHONGBUK-DO  CHUNGJU-CITY

We may have heard about benefits of martial arts education (or training) in both physical and psychological aspects. Learning martial arts provides strength, fitness, agility and teaches how to defend oneself with physical satisfaction. In other sense, training martial arts gives many mental merits to people such as strengthening self-esteem, confidence, emotional stability, concentration and perseverance. Therefore, we need to promote this value of martial arts education for African youth and women and make them participate in its education which offers them to experience it. Furthermore, in this difficult moment of COVID-19 pandemic crisis, we should be able to discuss how to continue martial arts or how to change its educational paradigm in either now or afterwards in Africa.

Main: Martial Arts Education and changing paradigm in post COVID-19 era

- Martial Arts Open School Project conducted by UNESCO ICM in Africa
- Martial Arts training as in Quality Physical Education method aligned with Kazan Action Plan
- Limitation and Challenges of Martial Arts Education in Africa
- Ways to promote martial arts education and good practice in Africa
- How to continue martial arts education in COVID-19 and post-COVID-19 era in Africa
- Provision of Martial Arts Education as in ODA tool and its challenge in Africa
- Any problems that Martial arts education in Africa has faced so far
- New paradigm of Martial Arts Education (or Training) in Post COVID-19 period in Africa
- Martial Arts values and Civic Education (Global Citizenship) for African Youth and Women
- Teaching cultural diversity (values) through martial arts education and training
- Martial arts philosophies and multi-disciplinary approaches for martial arts
- New physical education method leading to relevant and effective learning outcomes

2020.11.25 - Day 2 / Session 4 (1h 20m)

2020 3rd African Martial Arts Webinar

Martial Arts for African Youth and Women





SESSION IV

25 November 2020

Korea 17:30-19:00 | Eastern Africa 11:30-13:00 | Southern Africa 10:30-12:00 | Western Africa 09:30-11:00

Martial Arts as a SDG Tool and Future of African Youth and Women

MODERATOR



Ghonche MATEREGO

TANZANIA
Facilitator
Creative Cultural Heritage of
Tanzania

SPEAKERS



Cindy Siyeon Rim

KOREA
Senior Programme Specialist/
Adjunct Professor
Korean national Commission for
UNESCO / Sungkyunkwan University



David Twebaze

UGANDA
Principal Programme Officer
Education and Sport, Uganda National
Commission for UNESCO



Evans Omweri Oruru

KENYA
Martial Arts Instructor
African Kenpo Federation



Michael Shamsu MUSTAPHA

SIERRA LEONE
Secretary General
Union of African Traditional
Sports and Games (UATS/G)

Organizer:  Sponsors:    

Participation in quality physical education has been shown to instil a positive attitude towards physical activity, to decrease the chances of young people engaging in risk behaviour and to impact positively on academic performance, while providing a platform for wider social inclusion. Especially, providing martial arts and learning it, exposes youth and women to a range of experiences that enable them to develop the skills and knowledge they need to make the most of all opportunities. To ensure the provision of quality martial arts education to youth and girls in Africa, regardless of their socio-economic situation, ethnicity, culture or gender, we ICM think martial arts should be a great developmental tool to achieve SDGs and advancing it.

Main: Martial Arts as a SDG tool and Future of Africa

Sub 1 (Goal 4 Quality Education) – Increasing physical activity and targeting specific health and mental issues and quality martial arts education

- Cultivating the positive attitudes, and non-violent, peaceful dispositions
- Culture of peace and non-violence
- “Leave No One Behind” for martial arts training in Africa
- How can youth development with martial arts support the achievement of the SDGs?
- Stimulates academic performance
- Teamwork, Social Skills and leadership,
- Promotes health and well-being
- Increases the supply of qualified Physical education or martial arts instructors
- Equal access of martial arts education for all in Africa

Sub 2 (Goal 5 Gender Equality) – Including young women and girls in activities, awareness raising, understanding and recognizing other genders

- Equality vs Equity as in providing opportunity in the field of Martial Arts
- Martial Arts as a field of sport that often is considered as masculine,
- Women Empowerment through Martial Arts
- Reduce gender gaps and making a welcoming environment to women
- Promoting equal access to and participation in martial arts
- Promoting equal visibility of women’s and men’s martial arts
- Female development for training speed, strength, endurance and flexibility
- Adopt or strengthen sound policies and enforceable legislation for the promotion of gender equality and the empowerment of all women and girls related with martial arts field

Sub 3 (Goal 16 Peace, Justice and Strong Institutions & Partnerships for the Goals) – Preventing violent extremism and raising awareness with intercultural understanding

- Peace and reconciliation through martial arts
- For African youth and women, more engagement with its community, nation and world
- UNESCO ICM's potential role in Africa
- Future for African youth and women with martial arts
- Promoting youth development and women engagement through martial arts
- Consolidation of a culture of peace and reconciliation
- Building network between young women and men from sub-Saharan Africa in martial arts
- Enhance international support for implementing effective and targeted capacity-building in developing countries to support national plans to implement all the SDGs

8. Sponsors

Ministry of Culture, Sports and Tourism, Republic of Korea, Chungcheongbuk-do, Chungju-si

9. Correspondence and Contacts

All enquiries on the Webinar should be addressed to:

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10. Webinar Video clips of the entire session

- Day 1 (Eng): <https://youtu.be/tt1zbklHZgM>
- Day 1 (Kor): <https://youtu.be/13C-3bX7ANA>
- Day 2 (Eng): <https://youtu.be/bYtnKuFxqzk>
- Day 2 (Kor): <https://youtu.be/7qGwku-QQ48>